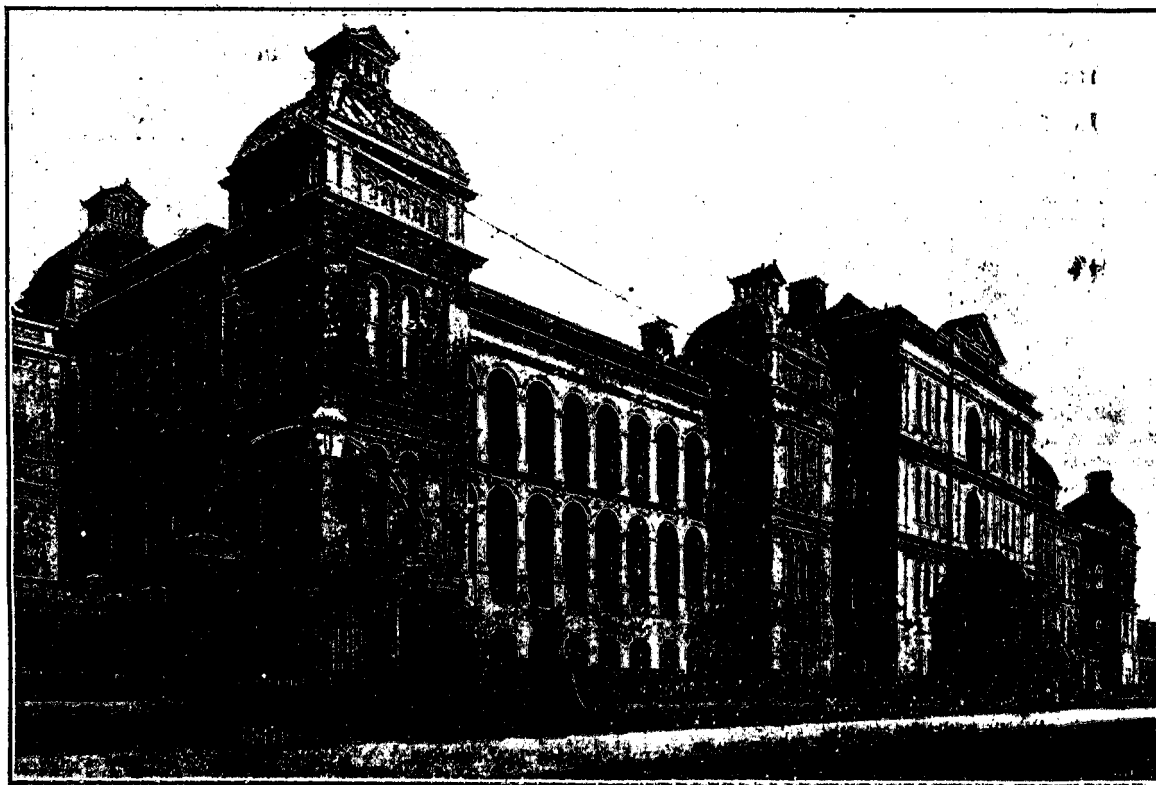


astonishment at the very "unimaginative diet" given to poor patients, and the "unworthy" methods of serving it. In the large majority the crockery and cooking was of the crudest, no finger napkins, no trays, no nicety; in one she was astonished to find the nurse handing round a salt cellar, and the patients diving their used knives into it. At another, butter and other food were kept in the lockers, some of the doors of which were open whilst the ward was being swept. "We pride ourselves on our diet kitchens and food service in America," she added, "as it is now considered one of the most important details in our nursing curriculum."

### Our Colonial Hospitals.

Our illustration is that of the Sydney Hospital, New South Wales, the Matron of which, Miss Rose Creal, has lately been in Europe, and has visited some of the principal British hospitals. She is keenly interested in all questions affecting the practical efficiency and professional organisation of nurses, and hopes to gain much from an insight into the methods of our American colleagues. Miss Creal was deputed to act as the Delegate of the Australasian Trained Nurses' Association at the Quinquennial Meeting of the International Council of Nurses held in Berlin in June, and it



THE SYDNEY HOSPITAL, SYDNEY, NEW SOUTH WALES.

The cooking system of Bellevue Hospital, New York City, has been reorganised, and the diet kitchen is now under the direction of Miss Henriette Gorton, a graduate in domestic science of the Drexel Institute of Philadelphia. It is the aim of the new head of the department to establish a more scientific system of diets for the different classes of patients, and so assist the work of the medical staff. The cooking is done entirely by gas, and the cost of the new plant which has been established did not amount to more than 500 dollars. Miss Gorton estimates that the cost of the new diet system will not be more than 50 dollars a month beyond the cost of the existing kitchen.

is much to be regretted that an accident on board ship during the passage, when she sustained a fracture of the wrist, prevented her attendance at that memorable gathering. The Sydney Hospital has 318 beds. It was originally founded in 1845, and enlarged ten years ago. Like many other hospitals in Australia and New Zealand, it is substantially subsidised by Government, the Government grant amounting to over £5,000 per annum, in addition to a sum of over £9,000 paid for pauper patients.

The Hospital has an excellent training-school for nurses, which is recognised and registered by the Australasian Trained Nurses' Association.

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